

NAME:

REVIEW of SYSTEMS (MEDICAL HISTORY): please check if current or past medical conditions apply

Are you currently pregnant and/or nursing? No Yes

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Cancer (C) | <input type="checkbox"/> Kidney Disease (GU) | <input type="checkbox"/> Stroke / CVA (N) | <input type="checkbox"/> Eczema (I) |
| <input type="checkbox"/> Headaches (N) | <input type="checkbox"/> Thyroid Dysfunction (E) | <input type="checkbox"/> High Blood Pressure (CV) | <input type="checkbox"/> Allergies (A/I) |
| <input type="checkbox"/> Colitis (GI) | <input type="checkbox"/> Hearing Loss (ENT) | <input type="checkbox"/> Osteoporosis (M) | <input type="checkbox"/> Migraines (N) |
| <input type="checkbox"/> Diabetes (E) | <input type="checkbox"/> Vascular Disease (CV) | <input type="checkbox"/> High Cholesterol (H) | <input type="checkbox"/> Lung/Pulmonary Disease (R) |
| <input type="checkbox"/> Sinus Problems (ENT) | <input type="checkbox"/> Arthritis (M) | <input type="checkbox"/> Multiple Sclerosis (N) | <input type="checkbox"/> Skin Problems (I) |
| <input type="checkbox"/> Seizures (N) | <input type="checkbox"/> High volume blood loss (H) | <input type="checkbox"/> Heart Disease (CV) | <input type="checkbox"/> Lupus (A/I) |

OTHER COMMENTS (list any other conditions or symptoms related to general health):

CURRENT MEDICATIONS: list all medication including dosage (include oral contraceptives, aspirin, over the counter medications and home remedies)

ALLERGIES: list any known MEDICATION and OTHER known allergies (ie. latex or food allergies)

NO KNOWN DRUG ALLERGIES

OCULAR HISTORY: please check any that apply to you (current, chronic or history of conditions)

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Red Eyes | <input type="checkbox"/> Macular Degeneration | <input type="checkbox"/> Sjogren's Syndrome |
| <input type="checkbox"/> Surgery | <input type="checkbox"/> Amblyopia (lazy eye) | <input type="checkbox"/> Floaters in Vision | <input type="checkbox"/> Droopy Eyelid |
| <input type="checkbox"/> Itchy Eyes | <input type="checkbox"/> Cataract | <input type="checkbox"/> Eye Pain | <input type="checkbox"/> Retina Tear / Hole |
| <input type="checkbox"/> Strabismus (crossed eye) | <input type="checkbox"/> Double Vision | <input type="checkbox"/> Injury | <input type="checkbox"/> Inflammatory Disorder |
| <input type="checkbox"/> Glaucoma Suspect | <input type="checkbox"/> Dry Eyes | <input type="checkbox"/> Retina Detachment | <input type="checkbox"/> Excess Tearing / Discharge |
| <input type="checkbox"/> Loss of Vision | <input type="checkbox"/> Patching | <input type="checkbox"/> Flashes in Vision | |

OTHER COMMENTS (list injuries, surgeries or other conditions related to your eye health, including LASIK):

FAMILY HISTORY: medical and ocular history - please indicate relationship to you

- | | | |
|--|--|---|
| <input type="checkbox"/> Glaucoma _____ | <input type="checkbox"/> Retinal Detachment _____ | <input type="checkbox"/> Macular Degeneration _____ |
| <input type="checkbox"/> Blindness _____ | <input type="checkbox"/> Retinal Disease _____ | <input type="checkbox"/> Crossed/Drifting Eye _____ |
| <input type="checkbox"/> Cataract _____ | <input type="checkbox"/> High Blood Pressure _____ | <input type="checkbox"/> Diabetes _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Thyroid Disease _____ |

OTHER (please explain):

SOCIAL HISTORY:

Do you drink moderate to heavy alcohol? No Yes: how much?

Do you smoke? No Yes: what? how much? how long?

Hobbies:

COMPUTER USAGE:

Average time spent at computer: hrs/day. Computer working distance: inches (measure from eyes to center of screen).

Lighting:

- Fluorescent Incandescent Halogen

Are you experiencing any of the following symptoms while at your computer? (please check any that apply)

- | | | | |
|-------------------------------------|--|--|--|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Blurred vision | <input type="checkbox"/> Difficulty refocusing | <input type="checkbox"/> Neck/shoulder/back pain |
| <input type="checkbox"/> Eye strain | <input type="checkbox"/> Dry/watery eyes | <input type="checkbox"/> Double vision | |

Name

Signature (patient or patient's guardian)

Date

Notice of Privacy Practices

This notice describes how your health information may be used and disclosed and how you can access this information. Please review it carefully.

At Visual Expressions Optometry, we have always kept your health information secure and confidential. A new law requires us to continue maintaining your privacy, to give you this notice and to follow the terms of this notice.

The law permits us to use or disclose your health information to those involved in your treatment.

For example, a review of your file by a specialist doctor whom we may involve in your care.

We may use or disclose your health information for payment of your services. For example, we may send a report of your progress to your insurance company.

We may use or disclose your health information for our normal healthcare operations. For example, one of our staff will enter your information into our computer.

We may share your medical information with our business associates, such as a billing service. We have a written contract with each business associate that requires them to protect your privacy.

We may use your information to contact you. For example, we may send newsletters or other information. We may also want to call and remind you about your appointments. If you are not home, we may leave this information on your answering machine or with the person who answers the telephone.

In an emergency, we may disclose your health information to a family member or another person responsible for your care.

We may release some or all of your health information when required by law. If this practice is sold, your information will become the property of the new owner. Except as described above, this practice will not use or disclose your health information without your prior written authorization.

You may request in writing that we not use or disclose your health information as described above. We will let you know if we can fulfill your request.

You have the right to know of any uses or disclosures we make with your health information beyond the above normal uses.

As we will need to contact you from time to time, we will use whatever address or telephone number you prefer.

You have the right to transfer copies of your health information to another practice. We will mail your files for you.

You have the right to see and receive a copy your health information, with a few exceptions. Give us a written request regarding the information you want to see. If you also want a copy of your records, we may charge you a reasonable fee for the copies.

You have the right to request an amendment or change to your health information. Give us your request to make changes in writing. If you wish to include a statement in your file, please give it to us in writing. We may or may not make the changes you request, but will be happy to include your statement in your file. If we agree to an amendment or change, we will not remove nor alter earlier documents, but will add new information.

You have the right to receive a copy of this notice. If we change any of the details of this notice, we will notify you of the changes in writing. You may file a complaint with the Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F, Washington, DC 20201. You will not be retaliated against for filing a complaint. However, before filing a complaint, or for more information or assistance regarding your health information privacy, please contact our Privacy Officer at (925) 648-9393. This notice goes into effect as of April 14, 2003.

Acknowledgment

I have received a copy of the Visual Expressions Optometry Notice of Privacy Practices.

Signature _____

Date

Print Name _____

If signing as a parent or guardian, please note the name of the patient

Practice Finance Policy

Insurance Coverage

The following financial policy applies to all patients who have insurance coverage. Please carefully read and sign this agreement providing you agree with it. Let our finance staff know if you have any questions.

- We will be happy to bill your insurance company for your care providing you give us all the information we need. Even though you have insurance coverage, remember that paying for your treatment is your personal responsibility. We will verify your insurance benefits by contacting the insurance company. You will need to sign an "Assignment of Rights and Benefits" so we can accept your insurance coverage.
- You will need to pay your portion of the charges as you go. This includes the annual deductible, co-payment, and charges your insurance company refuses to pay. While our office policy does not allow us to extend credit, we can automatically debit your American Express, MasterCard or VISA card for these charges. Until we have verified your coverage, you will be responsible for paying for your own care at each visit including the first visit. After we verify your coverage, we will credit the amount you have paid to your portion of the bill. Using your credit card for this purpose will be the easiest for you.
- Once your insurance payment has been received, or sixty days after treatment, whichever occurs first, your account will be balanced. We will either owe you a refund or you will owe us an additional payment.
- Occasionally, an insurance company will send a payment to a patient. If this occurs, bring us the check and the attached stub. The information on the stub is very important. Also, your insurance company may request additional information from you. They will not pay your claim until they receive the information, so please send it immediately.
- If you suspend or terminate your care against the advice of your doctor, all outstanding charges that have not been paid by your insurance company will become immediately due and payable by you personally before you leave or will automatically be charged to your credit card.

By signing below you agree to the terms of this policy.

Patient Name, or Parent/Guardian

Signature

Date

SCHEDULING POLICY

Trying to accommodate every patient's individual needs and work schedules can be difficult. But we do our best. We work very hard to stay on schedule so as to minimize your waiting time in our office.

A scheduled appointment is a commitment of time between the Doctor and the patient. We have reserved that time JUST FOR YOU. When appointments are missed or cancelled, that time is lost.

We ask that when you schedule your treatment, you make every effort to keep that commitment. We understand that personal emergencies do arise, and we always take that into consideration.

But if you cannot keep your scheduled appointment, a 24 hour notice for weekday appointments will allow us to schedule another patient in need of treatment. If your appointment is scheduled for a Saturday, we require 48 hours notice.

It is now our policy that with less than 24 hours notice on a change of commitment (48 hours for a Saturday commitment) , a charge will be considered and could be applied to your account.

If you have any questions regarding this or any of our policies or procedures, as always, we are more than happy to discuss them with you.

Thank you for your understanding and cooperation.

Signature

Date



Return Policy For Eyewear & Contact Lenses

Eyeglasses are custom-made medical device for just for your needs, so there are **no returns or exchanges for any purchased eyewear** (including lenses, frames, and plano sunglasses). Even though all sales of prescription and non-prescription eyeglasses and sunglasses are final, patients are welcome to return to the office as many times as needed before the decision to purchase is made. In addition, if the fit of the frames are not satisfactory the patient is welcome to return to the office so that our staff may make them fit as best as possible.

It is the **patient's responsibility** to notify the office if they are having trouble with their newly received lenses as soon as possible. If there is a need for a prescription adjustment such changes are included at **no charge** for a **one-time redo** within **90 days**. If there are any discrepancies between the doctor's prescription and the lenses manufactured by the lab, these changes will be provided at no charge. All of our lenses & frames have a warranty for any manufacturer defects for up to one year from the date of purchase, which does **not** include accidental damage from, for example, dropping your eyewear.

Even though the eyeglass frame is under warranty by the manufacturer, the manufacturer does not pay for the shipping and handling for the exchange of the defective frames for the new frames. The patient will be responsible for the two-way shipping costs involved (**\$25.00**).

With regard to the sale of **non-specialty** soft contact lenses, any **unopened & unmarked boxes** may be returned for a full refund, or exchanged, within 6 months if there has been a change to your prescription. However, all sales of specialty gas permeable (i.e., rigid) and hybrid (i.e., containing both rigid and soft components) contact lenses are final. During the trial period in determining the proper prescription for such specialty lenses, any exchanges or returns will be granted at **no charge** so long as enough time is given for the lenses to be mailed back to the manufacturer, in order to meet the manufacturer's 90-day exchange/return policy.

Picking Up Eyeglasses & Contact Lenses

All eyeglasses and contact lenses that have been prescribed, fitted, and purchased by the patient will be kept in the office for a total of **one year** from the date of purchase. If the patient does not pick up his/her eyeglasses or contact lenses within that year, we will subsequently donate them to charity.

Personal Checks

Personal checks are not accepted, however we gladly accept Visa, Mastercard, American Express, and Discover credit cards as well as cash and Visual Expressions gift cards

I have read and understand all aspects of the above policies. It has been made known to me that, if any or all parts of the above policies are not fully understood by me, that further explanation is available and has been provided to me at the time of signing.

Name: _____

Date: _____